

Level 2 Practice Session

<p>Warmups-</p> <p>A. Twinkle, Tonalization, or Chorus</p> <p>B. Bowing</p> <ol style="list-style-type: none"> 1. Scales 2. Leap frogs (land tip, middle, frog) 3. Shoot the Bow (hook V V down) 4. Bow Math (divide by 2, 3, 4, 6, 8) <p>C. Left Hand</p> <ol style="list-style-type: none"> 1. Walking Fingers (0-1-0, 1-2-1... Patterns, Trills...) 2. Vibrato (10 waves) 3. Shifting (Sirens, Meow) 4. Kissing Pigeons (The Clown, Rhody goes to Egypt) <p>S M T W Th F S</p>	<p>Review-</p> <ol style="list-style-type: none"> 1. Play any special songs assigned for group or at your lesson focusing on the posture point. 2. Rotate through all of your "old" songs with a chart, use performance Tone. 3. Download your cumulative review to a place where you can passively listen to it in the car, while eating, before bed.... <p>S M T W Th F S</p>
<p>Current/Preview-</p> <ol style="list-style-type: none"> 1. Play and polish your last two Suzuki pieces. 2. Listen to your current piece and watch the music. 3. Play your preview boxes repeatedly as demonstrated in your lesson. 4. Play by section and ask? What did I hear? Repeat each section with a purpose. Always seek beauty! <p>S M T W Th F S</p>	<p>Read-</p> <ol style="list-style-type: none"> 1. Rhythm 2. Sight-reading 3. Theory book. <p>S M T W Th F S</p>

Level 6 Practice Session

<p>Warmups</p> <p>A. Twinkle, or Tonalization,</p> <p>B. Bowing</p> <ol style="list-style-type: none"> 1. Scales and Arpeggios with Bow Math 2. Bow shape work, Bow speed work, thumb & finger ex. 3. Crossings (bridge rocks, backwards fiddle tune, Casorti) 4. Add on Up Bows <p>C. Left Hand</p> <ol style="list-style-type: none"> 1. Cradle Walk per finger per string (0,1,2,3,4,3,2,1,0) 2. Twisters (Schradieck for 1 string, chromatic scales) 3. Trills (Sevcik) 4. Vibrato (3 Speed, 4 bows change speed, 77 Var. 1-16) 5. Shifting (Doodles, Flesch 1 string scales/ arpeggios) <p>D. Etudes (Trott 2:1-16, Kreutzer 2-7)</p> <p>S M T W Th F S</p>	<p>Review-</p> <ol style="list-style-type: none"> 1. Play any special songs assigned for group or at your lesson focusing on the posture point. 2. Rotate through all of your "old" songs with a chart, use performance Tone. 3. Download your cumulative review to a place where you can passively listen to it in the car, while eating, before bed.... <p>S M T W Th F S</p>
<p>Current/Preview-</p> <ol style="list-style-type: none"> 1. Play and polish your last two Suzuki pieces. 2. <u>Listen to your current piece and watch the music.</u> 3. Play your preview boxes repeatedly as demonstrated in your lesson. 4. Play by section and ask? What did I hear? Repeat each section with a purpose. Always seek beauty! <p>S M T W Th F S</p>	<p>Read-</p> <ol style="list-style-type: none"> 1. Rhythm 2. Sight-reading 3. Theory book. <p>S M T W Th F S</p>